

June
 S M T W T F S
 1 2 3 4 5
 6 7 8 9 10 11 12
 13 14 15 16 17 18 19
 20 21 22 23 24 25 26
 27 28 29 30

Kid Room Hours
Monday - Friday
8:15am - 10:15am
Monday - Thursday
4:30pm - 6:30pm
or till the end of class

July 2010

August
 S M T W T F S
 1 2 3 4 5 6 7
 8 9 10 11 12 13 14
 15 16 17 18 19 20 21
 22 23 24 25 26 27 28
 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	NO CLASSES Happy July 4!	6	7	8	9	10
11	12 8:30 Step-N-Sculpt	13 8:30 *Sit-N-Spin	14 8:30 Kickfit	15 8:30 *Sit-N-Spin 9:30 Core Essentials	16 8:30 Power Pump	17 8:30 *Sit-N-Spin
	4:30 Kickfit 5:15 Gutbusters 5:30 Power Pump	4:10 *Sit-N-Spin 5:15 BODYJAM	5:00 3-2-1 5:45 Gutbusters 6:15 BODYJAM	4:30 *Sit-N-Spin 5:15 Gutbusters 5:30 KBC	9:15 Gutbusters	8:30 *Sit-N-Spin
18	19 8:30 3-2-1	20 8:30 *Sit-N-Spin	21 8:30 KBC	22 8:30 *Sit-N-Spin 9:30 Core Essentials	23 8:30 Power Pump	24 8:30 *Sit-N-Spin
	4:30 KBC 5:15 Gutbusters 5:30 Power Pump	4:10 *Sit-N-Spin 5:15 BODYJAM	5:00 3-2-1 5:45 Gutbusters 6:15 BODYJAM	4:30 *Sit-N-Spin 5:15 Gutbusters 5:30 Step-N-Sculpt	9:15 Gutbusters	8:30 *Sit-N-Spin
25	26 8:30 Step-N-Sculpt	27 8:30 *Sit-N-Spin	28 8:30 Kickfit	29 8:30 *Sit-N-Spin 9:30 Core Essentials	30 NO CLASSES!! Rona is on Vacation!!	31 8:30 *Sit-N-Spin
	4:30 Kickfit 5:15 Gutbusters 5:30 Power Pump	4:10 *Sit-N-Spin 5:15 BODYJAM	5:00 3-2-1 5:45 Gutbusters 6:15 BODYJAM	4:30 *Sit-N-Spin		